

MYTH, MAGIC AND iMAGINATION:

A MULTICULTURAL APPROACH TO HEALING TRAUMA

APRIL 3, 2019

DESCRIPTION

Join Carol Juul for a unique, one-day trauma workshop blending a variety of evidenced-based practices (EBPs) with well-known alternative models of treatment, against the backdrop of a multicultural practice. Cognitive Behavioral Therapy and other EBPs are blended with the famous work of pioneers such as Joseph Campbell, Sigmund Freud, and Carl Jung to enrich the assessment process and optimize the healing process for clients of all ages and within the context of our multicultural society. Carol's unique path to healing trauma provides a fresh, creative approach to the classics in mental health counseling.

Did you know:

- Joseph Campbell's Hero's Journey may be successfully used to facilitate healing in clients with PTSD
- The Beck Inventory may be applied to elicit themes, faulty cognitions, and core beliefs that hamper healing
- Culturally-significant stories may be applied as a universal intervention for trauma patients
- Myth, magic and imagination are instrumental in working with traumatized patients of all ages to establish rapport, educate, provide comfort, connection, and grounding
- Laughter really can be the best medicine—humor offers tremendous perspective and may easily be integrated into treatment plans

By skillfully blending evidenced-based techniques with other modalities, learn how to creatively weave client's stories into the healing process, while embracing and applying underutilized evidenced-based techniques that will forever change and enrich your practice.

AUDIENCE

Mental health professionals including substance abuse counselors, social workers, psychologists, counselors, marriage and family therapists, school counselors, and other professionals interested in this subject.

LOCATION	MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd, Asheville, NC 28803
DATE	Wednesday, April 3, 2019
REGISTRATION	8:30 am–9:00 am (<i>light breakfast provided</i>)
PROGRAM	9:00 am–4:30 pm (<i>lunch provided</i>)

EARLY REGISTRATION FEES THROUGH MARCH 27, 2019

\$159.00	Program Fee
\$145.00	Groups of Five or More from the Same Agency (<i>per person; must register and pay at the same time</i>)
\$85.00	Peer Support Specialists
\$85.00	Students (<i>must provide student ID at check-in</i>)
\$15.00	MAHEC Employees

[CLICK HERE TO REGISTER](#)

OBJECTIVES

Upon completion, participants will be able to:

- Develop a template for the use of culturally significant stories as a universal intervention for trauma patients
- Apply Joseph Campbell's Hero's Journey to the experiences of patients with PTSD
- Build a cache of compelling stories and movie clips within which to facilitate healing trauma
- Incorporate your client's traumatic stories into evidenced-based practices beginning with the intake session
- Apply the Beck Inventory to elicit themes, faulty cognitions, and core beliefs that hamper healing
- Identify the therapeutic role that myth, magic, and imagination can have within the context of the healing process
- Apply the work of Sigmund and Carl Jung to a multicultural, diverse population
- Identify and apply methods of integrating humor into a treatment plan for trauma patients

CREDITS



NAADAC: This course has been approved by Mountain Area Health Education Center (MAHEC), as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #96726. MAHEC is responsible for all aspects of their programming. Approved for **6.0 Hours**.



NBCC: Mountain Area Health Education Center (MAHEC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programs. Approved for **6.0 Hours**.

Psychologists: Mountain Area Health Education Center (MAHEC) is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **6.0 Hours Category A**.

CEUs: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **6.0 Contact Hours**.

HOW TO RECEIVE CREDIT

In order to receive credit for this activity, participants must check in at the registration desk, review the credit information sheet, attend the activity, and turn in the credit verification form to the registration desk following the program.

FACULTY

Carol Juul, LCSW, ACSW, has assessed and treated traumatized children in Michigan, California, Nevada, and Oregon for more than 20 years. Her experience with trauma spans a continuum, from distressed children to combat-traumatized adults. Ms. Juul's holistic philosophy and her highly-effective, eclectic approach to treatment includes CBT (cognitive behavioral therapy), CPT (cognitive processing therapy), and insight-oriented therapy that is augmented by hypnosis, guided imagery, and a variety of evidenced-based relaxation techniques. Currently in practice in Eugene, OR, Ms. Juul served a six-year tenure for the National Health Service Corps at rural clinics in Nevada. She also maintained a private practice in close proximity to the Top Gun Naval Air Station in Nevada, serving a largely military population for thirteen years. A presenter at NASW conferences in Reno and Las Vegas, NV, Ms. Juul is an active member of the American Society of Clinical Hypnosis. She frequently educates clinicians on topics with which to richly enhance their practice as well as their personal lives.



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REGISTRATION

[CLICK HERE TO REGISTER](#)

Early registration deadline: March 27, 2019

The registration fee for this program is \$159.00, \$145.00 for Groups of Five or More from the Same Agency (per person; must register and pay at the same time), \$85.00 for Peer Support Specialists, \$85.00 for Students (must provide student ID at check-in), and \$15.00 for MAHEC Employees. These fees include administrative costs, educational materials, a light breakfast, and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.
From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

HAVE A QUESTION?
Contact the Program Planner



Special Services
828-257-4778

Barbara Warren, MSW, LCSW, LCAS-A, CFT
barbara.warren@mahec.net or 828-257-4728

REGISTRATION INFORMATION 828-257-4475
FAX REGISTRATION 828-257-4768
ONLINE REGISTRATION www.mahec.net
EMAIL registration@mahec.net
MAIL MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

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APRIL 3, 2019

REGISTRATION FORM

[CLICK HERE
TO REGISTER](#)

Updated contact information

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

PLEASE SELECT THE APPROPRIATE REGISTRATION FEE

PROGRAM FEE \$159.00 \$174.00 (after 3/27/19)

GROUPS OF FIVE OR MORE (same agency) \$145.00 \$160.00 (after 3/27/19)
(must register and pay at the same time)

PEER SUPPORT SPECIALISTS \$85.00 \$100.00 (after 3/27/19)

STUDENTS \$85.00 \$100.00 (after 3/27/19)
(must provide student ID at check-in)

MAHEC EMPLOYEES \$15.00 \$30.00 (after 3/27/19)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

Send completed registration form to: #19MH028/57847
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768